

Sub-Ology MENU

GOURMET SUB SHOP

Proudly Featuring



Premium 10" Cold Subs

Boar's Head
PREMIUM DELI MEATS & CHEESES

1. HAM & CHEESE	\$12.99	12. TURKEY & ROAST BEEF	\$13.99
2. HAM, CAPICOLLO & PROVOLONE	\$14.99	13. AMERICAN, SWISS & PROVOLONE	\$9.99
3. IMPORTED PROSCIUTTO, PROVOLONE & CAPICOLLO	\$15.99	14. "THE ITALIAN" HAM, SALAMI & PROVOLONE	\$13.99
4. IMPORTED PROSCIUTTO, HAM, SALAMI, CAPICOLLO & PROVOLONE	\$15.99	15. HAM, ROAST BEEF & CHEESE	\$14.99
5. ROAST BEEF & CHEESE	\$13.99	16. HOMEMADE TUNA SALAD	\$12.99
6. TURKEY & CHEESE	\$13.99	18. DELICIOUS TUNA & CHEESE	\$13.99
7. PEPPERONI & CHEESE	\$9.99	19. HOMEMADE CHICKEN SALAD	\$12.99
8. BOLOGNA & CHEESE	\$9.99	20. FRESH EGG SALAD	\$9.99
9. SALAMI & CHEESE	\$10.99	21. IMPORTED PROSCIUTTO, FRESH MOZZARELLA, ROASTED RED PEPPERS, SPRING MIX & THICK BALSAMIC GLAZE	\$16.99
10. OVENGOLD TURKEY	\$12.99	22. BLAZIN' BUFFALO CHICKEN & CHEDDAR	\$14.99
11. BOARS HEAD HOME COOKED ROAST BEEF	\$12.99	23. CHICKEN CUTLET & MELTED MOZZARELLA	\$14.99
		24. BACON ME CRAZY BLT	\$12.99

* "Everything" means: Lettuce, Tomato, Onions, Salt, Pepper, Oregano Oil & Vinegar.

TURKEY AVOCADO \$14.49
TURKEY, HUMMUS, ROASTED RED PEPPERS AND FRESH AVOCADO, SALT & PEPPER

TURKEY PESTO \$14.49
FRESH MOZZARELLA, SPINACH, PESTO MAYO AND TOMATO

BBQ "C" BLT \$13.99
SWEET BABY RAYS BBQ SAUCE, LETTUCE, TOMATO, CHICKEN SALAD, & CRISPY BACON

IT'S A GOUDA DAY! \$13.99
SMOKED TURKEY, SMOKED CHIPOTLE GOUDA CHEESE, BACON, LETTUCE, TOMATOES AND CHIPOTLE MAYO

Specialty Subs

SMOKED BLT \$14.49
SMOKED TURKEY, PEPPER JACK, CRISPY BACON, LETTUCE, TOMATO, CHIPOTLE MAYO

SPICY TUNA \$13.99
HOT PEPPER RELISH, SMOKED CHIPOTLE GOUDA CHEESE, CHERRY PEPPERS, EVERYTHING

3 CHEESE AVOCADO \$12.49
CHEDDAR, SWISS, PROVOLONE, FRESH AVOCADO, EVERYTHING AND CHIPOTLE MAYO

ROB'S FAVORITE \$15.99
HAM, SALAMI, HOT SOPPRESSATA & CAPICOLLO, PEPPERONI, FRESH MOZZARELLA, CHERRY PEPPERS, HOT RELISH, BALSAMIC GLAZE

FRENCH ROAST BEEF \$14.99
SWEET BABY RAYS BBQ SAUCE, CRISPY BACON, ROAST BEEF, CHEDDAR, AND CRISPY ONIONS

THAT'S OLD SCHOOL! \$14.49
HAM, TURKEY, ROAST BEEF, YELLOW AMERICAN, LETTUCE, TOMATO, AND MAYO

NO MONEY - NO HONEY !!! \$13.99
CHICKEN SALAD, CRANBERRIES, WALNUTS, COLBY, PESTO, FRESH AVOCADO, DRIZZLED ORGANIC HONEY, ARUGULA

CAPRESE SUB \$13.49
FRESH MOZZARELLA, ROASTED RED PEPPERS, TOMATOES, ARUGULA, THICK BALSAMIC GLAZE AND OLIVE OIL

TWERKY SANGWICH \$13.99
SMOKED TURKEY, JALAPENO HAVARTI CHEESE, BACON, CHIPOTLE MAYO, FRESH AVOCADO, GREENS, TOMATO

Wraps

BUFFALO CHICKEN WRAP \$12.99
PROVOLONE, BLUE CHEESE DRESSING, LETTUCE AND TOMATO

SPINACH WRAP \$10.99
SPINACH, FRESH MOZZARELLA, TOMATO, RED ROASTED PEPPERS AND BALSAMIC VINAIGRETTE

VEGGIE WRAP \$9.99
AVOCADO, PROVOLONE, CUCUMBER, TOMATO, HUMMUS, SPINACH AND BALSAMIC VINAIGRETTE

TURKEY BLT WRAP \$12.99
TURKEY, CHEDDAR, CRISPY BACON, LETTUCE, TOMATO AND MAYO

PESTO WRAP \$9.99
FRESH AVOCADO, SPINACH, PEPPER JACK, TOMATO AND PESTO MAYO

APPLE WALNUT WRAP \$12.99
WALNUTS, GOAT CHEESE, APPLES, CRAISINS, AND SPRING MIX

CHIPOTLE CHICKEN RANCH \$12.99
GRILLED CHICKEN, CRISP ROMAINE, SMOKED APPLEWOOD BACON, CHEDDAR CHEESE, CRISPY FRIED ONIONS, WITH CHIPOTLE RANCH DRESSING

BALSAMIC CHICKEN WRAP \$11.99
MIXED GREENS, FRESH MOZZARELLA, TOMATOES, ROASTED RED PEPPERS, AND BALSAMIC CHICKEN

CAPRESE WRAP \$12.49
FRESH MOZZARELLA, ROASTED RED PEPPERS, TOMATOES, THICK BALSAMIC GLAZE, & OLIVE OIL

GREEK GRILLED CHICKEN WRAP \$12.99
GRILLED CHICKEN, LETTUCE, FETA CHEESE, KALAMATA OLIVES AND TZATZIKI DRESSING

GRILLED CHICKEN CAESAR WRAP \$12.49
ROMAINE, GRILLED CHICKEN, PARMESAN CROUTONS AND CAESAR DRESSING

SANTA FE WRAP \$12.99
MIXED GREENS, TOMATO, BLACK BEANS, CORN, ONIONS, AVOCADO, TORTILLA CHIPS, GRILLED CHICKEN

Club and Sloppy Joes

Your choice: Rye or White Bread

TURKEY & SWISS SLOPPY JOE ON RYE \$11.99

ROAST BEEF & SWISS SLOPPY JOE ON RYE \$11.99

PASTRAMI & SWISS SLOPPY JOE ON RYE \$11.99

TURKEY CLUB ON RYE \$11.99

ROAST BEEF CLUB ON RYE \$11.99

PASTRAMI CLUB ON RYE \$11.99

Hot Subs

TURKEY CRANBERRY \$13.99
TURKEY, MELTED SWISS, CRANBERRY MAYO

PASTRAMI & SWISS \$14.99
SPICY DELI MUSTARD

HOMEMADE MEATBALL PARM \$14.99
FRESH MOZZARELLA OR PROVOLONE

CHEESE STEAK \$16.99
PHILLY CHEESE STEAK THINLY SLICED RIB-EYE, CARAMELIZED ONIONS, GREEN BELL PEPPERS AND MELTED CHEESE

PIZZA SUB \$8.99
PEPPERONI, FRESH MOZZARELLA WITH HOMEMADE TOMATO SAUCE

ITALIAN CHICKEN PARMIGIANA \$15.99
FRESH MOZZARELLA OR PROVOLONE

Extras

GLUTEN FREE SUB \$3.50
ADD CHICKEN \$3.50
EXTRA MEAT \$.99

AVOCADO SPREAD, HOT PEPPERS, SWEET PEPPERS \$1.50
EXTRA CHEESE \$.75

BLACK OLIVES \$.75
JALAPEÑO, BANANA, CHERRY, ROASTED RED PEPPER, OUR FAMOUS HOT PEPPER RELISH \$.75

CRISPY BACON \$1.50
FRESH AVOCADO \$1.50

Signature Sandwiches

ALL SANDWICHES SERVED ON 12" ARTISAN BRICK OVEN BREAD

CHICKEN PAULIE \$17.99

RESTAURANT WEEK SPECIAL BACK ON THE MENU! CHICKEN CUTLET, FRESH MOZZARELLA, RICOTTA CHEESE WITH VODKA SAUCE, AND PROSCIUTTO DI PARMA

ANTHONY JR. \$15.99

CHICKEN CUTLET, CRISPY BACON, MELTED SWISS, SWEET BABY RAY'S BBQ

SPICY CHICKEN PARMIGIANA \$16.99

CHICKEN CUTLET, MELTED FRESH MOZZARELLA, PEPPERONI, RED PEPPER FLAKES & OREGANO

SUB-OLGY FAVORITE (TOP MENU ITEM!) \$15.99

CHICKEN CUTLET, MELTED PROVOLONE, PROSCIUTTO DI PARMA, ROASTED RED PEPPERS, THICK BALSAMIC GLAZE

CLASSIC CHICKEN CUTLET B.L.T. \$14.99

MAYO, AMERICAN CHEESE

JALAPENO CHICKEN \$14.99

CHICKEN CUTLET, JALAPENO HAVARTI, CRISPY BACON, FRESH AVOCADO, CHIPOTLE MAYO AND JALAPENOS

EGGPLANT PARM \$14.99

A CLASSIC! BREADED EGGPLANT AND FRESH MOZZARELLA

ROAST BEEF SPECIAL (TOP MENU ITEM!) \$16.99

THINLY SLICED ROAST BEEF, FRESH MOZZARELLA, THICK AU JUS GRAVY

MARINATED GRILLED CHICKEN \$14.99

MELTED PROVOLONE, SPINACH AND PESTO MAYO

CHICKEN SLOPPY JOE \$14.99

CHICKEN CUTLET, SWISS, RUSSIAN DRESSING, COLE SLAW AND PICKLES

THE JAY \$17.99

GRILLED CHICKEN BREAST, BROCCOLI RABE, FRESH MOZZARELLA, ROASTED RED PEPPERS AND THICK BALSAMIC GLAZE

THE PETE JR. \$15.99

ROAST BEEF, ROASTED GARLIC BUTTER BREAD, SWISS, CRISPY BACON & BBQ SAUCE

THE RAGING BULL (TOP MENU ITEM!) \$14.99

CHICKEN CUTLET, CHEDDAR, BACON, BBQ SAUCE, CRISPY FRIED ONIONS & RANCH DRESSING

THE CRANFORD SPECIAL \$14.99

GRILLED CHICKEN BREAST, FRESH AVOCADO, MELTED GOAT CHEESE, ARUGULA, AND THICK BALSAMIC GLAZE

SMOKEY THE BEAR \$14.99

BOARDS HEAD SMOKED TURKEY, MELTED CHIPOTLE GOUDA, LETTUCE, TOMATO AND HONEY MUSTARD

###\$\$@!!&&!!! THAT'S SPICY \$16.99

CHICKEN CUTLET, FRESH MOZZARELLA, HOT STUFFED PEPPERS HOT RELISH, THICK BALSAMIC GLAZE, ARUGULA

MR. T'S FAVORITE \$14.99

CHICKEN CUTLET, PROVOLONE, PEPPERONI, ROASTED RED PEPPERS, FRESH PESTO, ARUGULA, AND THICK BALSAMIC GLAZE

CHICKEN CHEESESTEAK \$16.99

WE LOVE THE STEAK IN A CLASSIC PHILLY CHEESESTEAK. BUT WE HEART CHICKEN EVEN MORE. SO WE CREATED A SEMI-LIGHTER VERSION BY SAUTÉING THINLY SLICED BREAST ALONGSIDE ONIONS AND PEPPERS. DON'T WORRY, THE WHOLE THING STILL GETS COVERED IN CHEESE

OH-H-H CHERRY! \$15.99

SMOKED TURKEY MELTED BRIE, SWISS, CRISPY BACON AND SWEET SOUR CHERRY SPREAD

THE ROAST BEAST SANDWICH \$15.99

ROAST BEEF, CRISPY BACON, MELTED SWISS, AND CARAMELIZED ONION GLAZE

THE MONA LISA (TOP MENU ITEM) \$16.99

THINLY SLICED BAKED EGGPLANT, HOT SOPPRESSATA, FRESH MOZZARELLA, ARUGULA, THICK BALSAMIC GLAZE, PESTO

FIG & CHICKEN (TOP MENU ITEM!) \$14.99

CHICKEN CUTLET, FIG CHUTNEY, GOAT CHEESE, CRISPY BACON

SPICY ITALIAN \$14.99

HAM, SALAMI, PEPPERONI, PROVOLONE, HOT CHERRY PEPPERS, HOT RELISH AND SWEET ONIONS ALL MELTED TOGETHER

YO-ADRIAN! IT'S DELICIOUS \$14.99

CHICKEN CUTLET, HAM, MELTED SWISS, LETTUCE, TOMATO, B.L.T. HONEY MUSTARD

THE SOPRANO (TOP MENU ITEM!) \$17.99

CHICKEN CUTLET, FRESH MOZZARELLA, SUN DRIED TOMATOES, FRESH PESTO, ROASTED RED PEPPERS, MELTED...FINISHED WITH PROSCIUTTO DI PARMA, ARUGULA, THICK BALSAMIC GLAZE

ITALIAN CHICKEN SPECIAL (TOP MENU ITEM!) \$16.99

CHICKEN CUTLET, ROASTED RED PEPPERS, FRESH MOZZARELLA, THICK BALSAMIC GLAZE

VODKA PARMIGIANA \$17.99

THIN SLICED BREADED CHICKEN CUTLET, FRESH MOZZARELLA, HOMEMADE VODKA SAUCE AND IMPORTED PROSCIUTTO

THE MICHELANGELO (TOP MENU ITEM!) \$17.99

IMPORTED PROSCIUTTO DI PARMA, FIG CHUTNEY, FRESH MOZZARELLA, ARUGULA, SPICES, BALSAMIC GLAZE

\$THE MIKEY C\$ \$16.99

BAKED BREADED EGGPLANT, SHARP PROVOLONE, IMPORTED PROSCIUTTO DI PARMA, SUN-DRIED TOMATOES, ARUGULA AND THICK BALSAMIC GLAZE REDUCTION. TAKE THIS SANDWICH TO THE BANK!

ALLA SICILIANA \$17.99

IMPORTED PROSCIUTTO DI PARMA, FRESH BURRATA MOZZARELLA, EXTRA VIRGIN OLIVE OIL, ARUGULA AND THICK BALSAMIC GLAZE REDUCTION. BRICK OVEN PANE DI CASA

BIG JOHN STUDD \$16.99

HOME COOKED ROAST BEEF, THICK CUT FRESH MOZZARELLA, MARINATED ROASTED RED PEPPERS AND THICK BALSAMIC GLAZE

EL DIABLO \$16.99

CHICKEN CUTLET, FRIED EGGPLANT, HOT STUFFED CHERRY PEPPERS, FRESH MOZZARELLA, HOT SOPPRESSATA, FRESH PESTO, THICK BALSAMIC GLAZE

MEATBALL ESPECIAL \$16.99

OUR HOMEMADE MEATBALLS MELTED BURRATA FRESH MOZZARELLA, REGGIANO PARMESAN AND GENEROUS HELPING OF RICOTTA CHEESE. A GREAT ADDITION TO OUR POPULAR MEATBALL PARMESAN

Hot Bites/Soups

ARANCINI (RICE BALLS) \$5.99

3 PIECES SERVED WITH RED SAUCE OR CHIPOTLE MAYO

POTATO CROQUETTES \$5.99

3 PIECES SERVED WITH RED SAUCE OR CHIPOTLE MAYO

FRIED RAVIOLI \$6.99

4 PIECES SERVED WITH RED SAUCE OR CHIPOTLE MAYO

CREAMY TOMATO SOUP \$6.99

CHICKEN NOODLE SOUP \$6.99

LENTIL SOUP \$6.99

PROSCIUTTO BALLS \$5.99

3 PIECES

CHICKEN FINGERS AND FRENCH FRIES \$12.99

FRENCH FRIES \$6.99

Salads

BUFFALO CHICKEN SALAD \$15.99

ROMAINE, PROVOLONE, BLUE CHEESE DRESSING, LETTUCE TOMATO AND BANANA PEPPERS

GRILLED CHICKEN CAESAR SALAD \$13.49

ROMAINE, GRILLED CHICKEN, PARMESAN AND CROUTONS AND CAESAR DRESSING

CAPRESE SALAD \$14.99

MIXED GREENS, FRESH MOZZARELLA, TOMATOES, ROASTED RED PEPPERS, THICK BALSAMIC GLAZE AND OLIVE OIL

CHEF SALAD \$14.99

MIXED GREENS, HAM, SALAMI, TURKEY, SWISS, CHEDDAR, TOMATO, CUCUMBER, EGG, BALSAMIC VINAIGRETTE DRESSING

COBB SALAD \$15.99

MIXED GREENS, EGG, CRISPY BACON, TOMATO, ONION, CUCUMBER, AVOCADO, BLUE CHEESE CRUMBLES, GRILLED CHICKEN, RANCH DRESSING

SANTA FE SALAD \$15.99

MIXED GREENS, TOMATO, BLACK BEANS, CORN, ONIONS, AVOCADO, TORTILLA CHIPS, GRILLED CHICKEN

APPLE WALNUT SALAD \$14.99

MIXED GREENS, GOAT CHEESE, WALNUTS, APPLES, CRAISINS, AND A BALSAMIC VINAIGRETTE

Sides

HOMEMADE CROUTONS \$.99

FRESH COLESLAW \$3.95

1 LB CHICKEN SALAD \$7.99

SLICED PICKLE CHIPS \$3.99

1 LB EGG SALAD \$5.99

HOMEMADE MACARONI SALAD \$3.95

HOMEMADE POTATO SALAD \$3.95

1 LB TUNA SALAD \$7.99

Sub-Ology

GOURMET SUB SHOP

Welcome to our gourmet sandwich shop and deli, where we serve hand-crafted sandwiches made with only the highest quality ingredients. Our menu features a variety of sandwiches. Come in and taste the difference that our commitment to quality makes.

SUB-OLGY.COM | EMAIL: ILOVESUBS@SUB-OLGY.COM | OPEN EVERY DAY 10:00AM - 5:30PM

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